

Silicon Valley Health Institute

Host of the Smart Life Forum

July 2026 Newsletter



Tom O'Bryan DC, CCN

July 31, 2026

8:00 AM PST

“The Health of Our Children's Brains”

NOTE: During censorship challenges, SVHI videos are temporarily parked on Rumble at:

<https://rumble.com/user/susanrdowns>

Announcements & Upcoming Events

We are evolving to accommodate the times of Covid-19. Currently we are doing approximately one zoom meeting per week and are benefiting from the European expertise. We hope to maintain the forum environment as we welcome the audience's questions. Obviously, staying healthy during the times of the Covid virus is important. We welcome your suggestions for speakers.

We hope to continue our monthly in person meetings as well but we are aware that the Cubberly Community Center space may no longer be available to us. When the monthly in person meetings resume, we plan to have at least one monthly zoom meeting.

Note:

**The discount code from the last meeting for AquaCure is:
*drtim24***

**The discount code for TITAN IR is:
*drtim23vip15***

You get 15% of Titan-iR™ from medifypbm.com

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If you have questions please email:

susanrdowns@hotmail.com

Thank you.

July 31, 2026
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“The Health of Our Children's Brains”



Meet Tom O'Bryan, DC, CCN

When it comes to getting healthy, Dr. Tom O'Bryan's goal for you is 'Making It Easy To Do the Right Thing'. As an internationally recognized, admired and compassionate speaker focusing on food sensitivities, environmental toxins, cognitive decline, and the development of autoimmune diseases, Dr. Tom's audiences discover that it is through a clear understanding of how you got to where you are, that you and your doctor can figure out what it will take to get you well.

Often referred to as a 'Sherlock Holmes' for chronic disease, he teaches that recognizing and addressing the underlying mechanisms that activate an immune response is the map to the highway towards better health.

His award-winning books, webinars, Summits and DocuSeries are viewed and appreciated by tens of thousands. And He has trained and certified thousands of practitioners around the world in advanced understanding of the impact of food sensitivities and environmental toxins fueling the development of individual autoimmune diseases. He is the Founder and you can see the library of his work at www.theDr.com.

(End of Meet Tom O'Bryan)

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“The Health of Our Children's Brains”

In California, the most current statistics from the CDC tell us that 1 boy in 12.5 is on the autism spectrum by the age of 4. One in 12.5 ! The national average is on child in 32. Why is California leading the nation in this horrible statistic and what can be done?

The most biologically decisive period of human life unfolds silently in the womb. Emerging research reveals how maternal immune activation, microbiome disruption, and environmental toxicants can alter implantation, fetal brain development and life long neurological resilience. What are the hidden drivers linking preconception health to autism, cognitive decline and autoimmunity. How do we identify the risk, intervene upstream and protect brain development before symptoms ever appear?

Our society has become increasingly ill. Tom O'Bryan discusses how children and even babies have brains that are severely damaged. Some have Alzheimer's and Frontal dementia signs that are comparable to those found in seniors in their mid eighties.

Join Zoom Meeting

<https://us02web.zoom.us/j/86908606457?pwd=adY6XyB3zXXwwObcsXkO93QqVfaOKh.1>

Meeting ID: 869 0860 6457

Passcode: 824014

One tap mobile

+16699006833,,86908606457#,,,,*824014# US (San Jose)

+16694449171,,86908606457#,,,,*824014# US

(End of July Presentation)

Join Us! First time Visitors and Non-Members are \$10 per meeting.
Or sign up for an Annual Membership for \$60 per year.

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Benefit: Access to a community of experienced scientists and physicians who share information and similar interests and FREE admission to all meetings!

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Please send your applications or donations to:

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