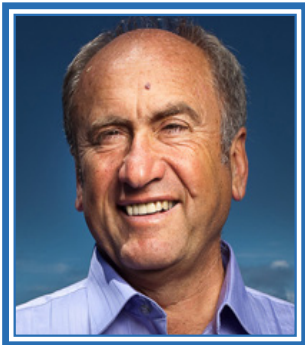


# Silicon Valley Health Institute

Host of the Smart Life Forum

November/December 2023 Newsletter

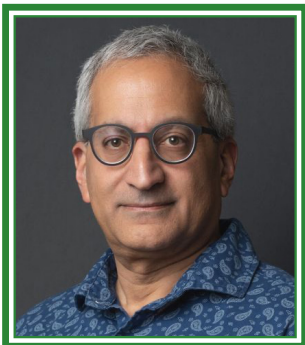


**November 27, 2023**

**Meir Schneider**

**11:00 AM California Time**

*"Steps for Natural Vision Improvement"*



**December 1, 2023**

**Dr. Yusuf (JP) Saleeby**

**10:00 AM PST (USA and Canada)**

**6:00 PM London Time**

*"Treatment of Acute and Long Covid Issues"*

## Announcements & Upcoming Events

We are evolving to accommodate the times of Covid-19. Currently we are doing approximately one zoom meeting per week and are benefiting from the European expertise. We hope to maintain the forum environment as we welcome the audience's questions. Obviously, staying healthy during the times of the Covid virus is important. We welcome your suggestions for speakers.

We hope to continue our monthly in person meetings as well but we are aware that the Cubberly Community Center space may no longer be available to us. When the monthly in person meetings resume, we plan to have at least one monthly zoom meeting.

**Note:**

The discount code from the last meeting for AquaCure is:  
*drtim24*

The discount code for TITAN IR is:  
*drtim23vip15*

You get 15% of Titan-iR™ from [medifypbm.com](http://medifypbm.com)

A Membership Chair position is available. Interested persons can contact any board member or email Susan at:  
*susanrdowns@hotmail.com*.  
Thank you.

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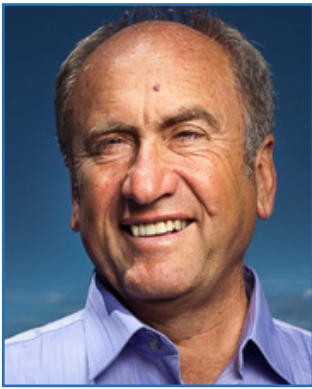
Thank you.

*November 27, 2023*

**Meir Schneider**

**11:00 AM California Time**

*"Steps for Natural Vision Improvement"*



**Meet Meir Schneider**

Meir Schneider is a world scholar in the field of natural vision improvement and self-healing through movement. Meir was born with congenital cataracts to deaf parents. He underwent five unsuccessful surgeries that left him with massive scar tissue. He was raised reading Braille until he discovered eye exercises at the age of 16. That helped him to develop vision, from 1% to 70%. Now he can read,

write and drive.

He teaches worldwide, and people come from all over the world to his School and Center in Ocean Beach, in San Francisco. He is the author of *Yoga for your Eyes*, *the Kit for Natural Vision Improvement*, *Movement for Self-Healing*, *Awakening your Power of Self-Healing*, and *Vision for Life*. His books and programs have been translated into twenty different languages. He believes strongly in self-healing without limit.

*(End of Meet Meir Schneider)*

*November 27, 2023*

**Meir Schneider**

**11:00 AM California Time**

*"Steps for Natural Vision Improvement"*

The Meir Schneider Self-Healing Method combines breathing, unique bodywork, movement and visualization techniques that can help anyone to become more aware of their own body and be empowered to take charge of their own healing. His method is effective to help people to see well (with or without glasses), get rid of computer stress syndrome, help overcome nearsightedness (myopia), teach to not need readers, prevent macular degeneration, glaucoma, cataracts, retinal detachment and others. Meir applied his Method of Self-Healing to help others who suffered from a wide range of degenerative conditions such as polio, muscular dystrophy and multiple sclerosis, in a natural way.

Through his methods, you can learn how you can improve your eyesight and how you can move better, prevent most illnesses with simple exercises. This can be done with simple exercises which can be entertaining and pleasurable. You will also learn how flexible your brain is and find new ways to bring out your body's resources in daily life. Other advantages of his methods include:

- Reducing computer eyestrain
- Overcoming the dependency on glasses
- Improving joint mobility
- Preventing all back problems
- Getting rid of the nagging back pain
- Overcoming headaches

*(Continued on Next Page)*

**November 27, 2023**  
**Meir Schneider**  
**11:00 AM California Time**  
***"Steps for Natural Vision Improvement"***

**Join Zoom Meeting**

<https://us02web.zoom.us/j/89328282454?pwd=OGN6R2s5ZzZtR1JDSDNoSjJOMW9vQT09>

**Meeting ID: 893 2828 2454**

**Passcode: 033937**

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- +1 312 626 6799 US (Chicago)
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**Passcode: 033937**

**Find your local number: <https://us02web.zoom.us/j/kcBYEib3NI>**

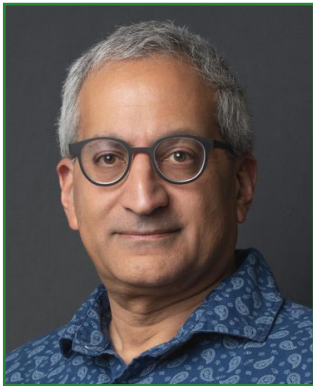
*(End of Speaker's Presentation)*

*December 1, 2023*

**Dr. Yusuf (JP) Saleeby**

*10:00 AM PST (USA and Canada) / 6:00 PM London Time*

*"Treatment of Acute and Long Covid Issues"*



Dr. Yusuf (JP) Saleeby has been practicing as a Functional & Integrative Medicine Physician (MD) since 1999. This followed a 15-year career in Emergency Medicine. In 2019 he was added to the LDN Research Trust board of Medical Advisors. He established Carolina Holistic Medicine centers in SC and NC since 2013. In 2018 he established the Priority Health Academy, teaching reformed-Functional Medicine (rFxMed). The organization supports new centers by DPC owner-

operated providers.

In 2006 Dr. Saleeby authored a book on specialty medicinal herbs entitled: "Wonder Herbs: A Guide to Three Adaptogens" and is a featured speaker on nutrition and adaptogen herbs in the region. Dr. Saleeby is a contributor to the Life Extension Foundation's 5th & 6th Edition Disease Prevention & Treatment tome. He contributed the 3rd chapter in a book on Hypothyroidism Stop the Thyroid Madness II (2014).

Dr. Saleeby contributed Chapter 4 in the new THE LDN BOOK, vol.3. He was a contributing editor for American Fitness magazine for almost a decade. Dr. Saleeby joined the FLCCC in efforts to support COVID-19 patients with early treatments and has gone on to lecture at the FLCCC Medical Conference in 2022. An avid medical blogger, he also writes on health/medical and travel articles for national publications. He contributes to the Epoch Times. Dr. Saleeby is a member of IFM, ILADS, ISEAI and AARM.

He is a dedicated patient advocate and historian with a focus on medical advances during the American Civil War.

For more: visit [www.saleeby.net](http://www.saleeby.net). Also [www.CarolinaHolisticMedicine.com](http://www.CarolinaHolisticMedicine.com) and [www.Priority-Health.us](http://www.Priority-Health.us)

*(End of Meet Dr. Yusuf (JP) Saleeby)*

*December 1, 2023*

**Dr. Yusuf (JP) Saleeby**

*10:00 AM PST (USA and Canada) / 6:00 PM London Time*

*"Treatment of Acute and Long Covid Issues"*

Dr. Saleeby, will discuss neuroPASC (Post Acute Sequelae of COVID or Long-COVID); He will include the symptoms and treatment options on medications and other agents that cross the blood brain barrier (BBB) The S1-spike protein pathology will be addressed as well as side effects occurring from the mRNA "vaccine" is harmful and even deadly to many.

*(Continued on Next Page)*

*December 1, 2023*

*Dr. Yusuf (JP) Saleeby*

*10:00 AM PST (USA and Canada) / 6:00 PM London Time*

*"Treatment of Acute and Long Covid Issues"*

**Join Zoom Meeting**

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**Meeting ID: 813 0695 9471**

**Passcode: 760155**

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**Meeting ID: 813 0695 9471**

**Passcode: 760155**

**Find your local number: <https://us02web.zoom.us/j/81306959471?pwd=cjcyTFB6SDZsZklEWU84NzQvaEZNdz09>**

*(End of Speaker's Presentation)*



### **About Smart Life Forum**

Smart Life Forum, Inc. is a 501(c)(3) California nonprofit corporation whose primary mission is to provide credible health education to the public with an emphasis on optimal wellness, anti-aging medicine, and longevity.

Annual memberships in Smart Life Forum, Inc. and charitable donations are tax deductible to the extent allowed by law. For information on how to join or make a donation, please visit our website: [www.SVHI.com](http://www.SVHI.com).

For questions, please contact Susan Downs at [susanrdowns@hotmail.com](mailto:susanrdowns@hotmail.com).

### **Become a Member!**

Smart Life Forum, Inc. (SLF) is a California qualified 501(C)(3) nonprofit corporation organized under state law for educational and scientific purposes as a public benefit corporation. Please make your check payable to “Smart Life Forum, Inc.” Please provide your email address as well.

**Annual Membership \$60 (per household)**

**\$10 per Meeting**

**Benefits:** Access to a community of experienced scientists and physicians who share information and similar interests.

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