

# Silicon Valley Health Institute

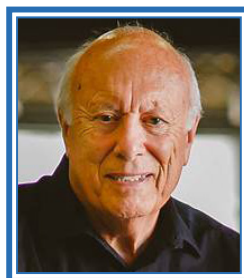
*Host of the Smart Life Forum*

**All times are Pacific Daylight Time (UTC/GMT-7)**

## March 2021 Zoom Meeting Speakers



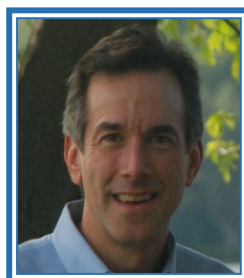
**Andrew Saul, PhD**  
**March 1, 2021**  
**8:00 AM PST**  
*"Doctor Yourself"*



**Peter Starr**  
**March 10, 2021**  
**4:00 PM PST**  
*"Surviving Prostate Cancer without Surgery, Drugs or Radiation"*



**Andrew Campbell, MD**  
**March 16, 2021**  
**10:00 AM PST**  
*"Mold and Mycotoxins and the Brain"*



**Andrew Budson, MD**  
**March 24, 2021**  
**12:00 PM PST**  
*"Seven Steps in Enhancing Memory"*



**Ray Griffiths, MSc, mANP, mBANT**  
**March 31, 2021**  
**11:00 AM PST**  
*"Neurotrophins, Stress and Body Health"*

## April 2021 Zoom Meeting Speakers



**Carol McMakin, MA, DC**  
**April 6, 2021**  
**1:00 PM PST**  
*"Frequency Specific Microcurrent in Healing"*



**Carole Baggerly**  
**April 13, 2021**  
**11:00 AM PST**  
*"Vitamin D and Your Health"*



**Robert Rowan, MD and Howard Robins**  
**April 19, 2021**  
**11:00 AM PST**  
*"Healing with Ozone"*



**Laszlo G. Boros, MD**  
**April 27, 2021**  
**11:00 AM PST**  
*"The Role of Heavy Hydrogen (Deuterium) in Translational Medicine"*

## **Announcements & Upcoming Events**

We are evolving to accommodate the times of Covid-19. Currently we are doing approximately one zoom meeting per week and are benefiting from the European expertise. We hope to maintain the forum environment as we welcome the audience's questions. Obviously, staying healthy during the times of the Covid virus is important. We welcome your suggestions for speakers.

We hope to continue our monthly in person meetings as well but we are aware that the Cubberly Community Center space may no longer be available to us. When the monthly in person meetings resume, we plan to have at least one monthly zoom meeting.

A Membership Chair position is available. Interested persons can contact any board member or email Susan at:  
***susanrdowns@hotmail.com.***  
Thank you.

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If you have questions please email:

***susanrdowns@hotmail.com***

Thank you.

**Speaker: Andrew Saul, PhD**  
**March 1, 2021 @ 8:00 AM PST**  
***"Doctor Yourself"***



All about Vitamins and nutrition

Don't bother looking in the history books for what has killed the most Americans. Look instead at our dinner tables. We eat too much of the wrong foods and not enough of the right foods. Scientific research continually indicates nationwide vitamin and mineral deficiencies in our country, and we spend nearly three trillion dollars each year on disease care. Is it any surprise that doctors consistently place among the highest incomes? Andrew Saul has seen enough of this situation, and Dr Saul gives you the power you need to change it. Citing abundant scientific evidence as well as case studies from his decades of practice, Dr. Saul explodes the myth that an army of medical specialists and pharmaceutical drugs is necessary to maintain health. The human body evolved to live well and fight off disease on a supply of only a couple of dozen essential nutrients. Unfortunately, modern diets provide catastrophically inadequate levels of those nutrients.

He shows that not only can you prevent disease from getting a foothold in the first place, but also cure yourself of illnesses already in progress without resorting to drugs and surgery. Whether he is delivering commonsense tips on subjects such as weight loss and longevity or praising the healthy glow of a carotene tan, Dr. Saul takes the starch out of healthcare and makes taking charge of your family's health a fun and valuable experience.

***About Andrew Saul, PhD***

Andrew W. Saul is Editor-in-Chief of the peer-reviewed Orthomolecular Medicine News Service. He was on the faculty of the State University of New York for nine years, and taught nutrition, health science and cell biology. Saul has studied in Africa and Australia, holds three state certificates in science education, and has twice won New York Empire State Fellowships for teaching.

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A list of over 200 of his publications, with online links to most of them, is at <http://www.doctoryourself.com/publications.html> . Andrew Saul was inducted into the Orthomolecular Medicine Hall of Fame in 2013 and has been named one of seven natural health pioneers by Psychology Today. He is the author, coauthor or editor of 25 books, four written with Abram Hoffer, MD. Andrew Saul is featured in the movies FOODMATTERS and THAT VITAMIN MOVIE. His free-access, peer-reviewed website is [www.doctoryourself.com](http://www.doctoryourself.com).

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**Speaker: Peter Starr*****March 10, 2021 @ 4:00 PM PST******"Surviving Prostate Cancer without Surgery, Drugs or Radiation"***

Don't worry ladies, there are many commonalities between breast cancer and prostate cancer.

For the past 25 years, most men have been diagnosed with prostate cancer because of an elevated PSA test followed by a needle biopsy. The PSA test continues to be offered up as the arbiter for prostate cancer diagnosis, yet the test itself has been decried by its inventor (NY Times 3/2010) and the urologist who made it popular as a test

for prostate cancer recently was quoted, "I never dreamed that my discovery our decades ago would lead to such a profit driven public health disaster.

In the UK, there is a movement to only test men once at age 60 with the PSA test and even when prostate cancer is diagnosed with a biopsy, if the Gleason score is 6 or below, they do not recommend any conventional invasive treatment.

43 % to 66 % if prostate cancers are "over diagnosed" and "over treated" ([www.cancer.org](http://www.cancer.org)) often with disastrous results for the patients. Pain, bleeding, incontinence, fecal incontinence and impotence are not uncommon Not to be ignored are the surgical deaths that occur (as high as 2 % according to one study) as does radiation burning and radiation toxicity, which can lead to even more surgical intervention.

The American Cancer society has ceased to recommend routine screening for prostate cancer, and it has been said that "the medical community is slowly turning against P.S.A screening. The emphasis has to be on the word "slowly" because doctors, directed by the fear of litigation, continue to order the test and 30 million American men undergo PSA screening at an annual cost estimated at \$3 billion.

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**Speaker: Peter Starr*****March 10, 2021 @ 4:00 PM PST******"Surviving Prostate Cancer without Surgery, Drugs or Radiation"***

Despite earlier diagnosis and a substantial increase in the rate of diagnosis during the past 60 years, the death rate, in spite of some statistical ups and downs, remains about the same as it was in the 1930s. Current conventional treatment has done nothing to increase survival rates and statistics, five year and ten year numbers, do not show an increase in overall long term survival. The New England Journal of Medicine published a large study of the screening procedure in the United States. The results show that over a period of 7 to 10 years, PSA screening did not reduce the death rate in men 55 and over.

So what are men to do?

Some listed to Peter Starr who has negotiated and thoroughly researched this topic and made a documentary of the same title.

***About Peter Starr***

As the history of television, radio, Rock and Roll, racing, the history of; television, radio, Rock and Roll, racing, automobiles and motorcycles, marched through the sixties and seventies to present day, Peter Starr has been in lock step with and responsible for some of the most important developments in them all. From racing motorcycles and working for the legendary Triumph motorcycle, as a host and producer of innovator of radio programs (featuring the likes of Paul McCartney, Pete Townsend, Eric Clapton and Jimmy Page to name a few founders of modern Rock and Roll); to his recent award winning films, television commercials and ground breaking specialized camera equipment. Peter Starr has been involved and continues to be at the forefront of the most exciting era in film, television and the motorsports.

His most famous feature film "Take it to the Limit" has received Gold and Silver Awards at the Chicago and Houston International Film Festivals. In addition his films have won an

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**Speaker: Peter Starr**

***March 10, 2021 @ 4:00 PM PST***

***"Surviving Prostate Cancer without Surgery, Drugs or Radiation"***

additional 12 International Awards and his radio programs a Gold and Silver Award at the New York International Radio Programming Awards.

He has produced and directed over 40 television specials on motorcycling and motorsports. Among his ground breaking first are:

- First film camera mounted on a motorcycle during an AMA National Race-Laguna Seca in 1980.
- First live broadcast from a motorcycle in competition at AMA National-Duquoin Mile-ABC Wide World of Sports 1985
- First National television series on motorcycling for The Nashville Network-The Peter Starr Motorcycle Show
- Brought Stroh's beer to the dirt track series and created The Stroh Miles in 1984/1985 broadcast on The Nashville Network and USA Network.
- The documentary Surviving Prostate Cancer without Surgery, drugs or Radiation

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**Speaker: Peter Starr**

***March 10, 2021 @ 4:00 PM PST***

***"Surviving Prostate Cancer without Surgery, Drugs or Radiation"***

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**Speaker: Andrew Campbell, MD*****March 16, 2021 @ 10:00 AM PST******"Mold and Mycotoxins and the Brain"***

You are what your brain is. Your brain makes you how you are: your personality, your character, your ability to be happy and enjoy life, your emotions, your ability to learn, your daily actions and reactions, how and what you pay attention to, all of these and much more derives from your brain. Your brain's health is vital to your well-being. Our brain is a unique and extremely complex organ, and the only one completely surrounded and protected by bone: the skull. It

weighs about 3 pounds, about 2% of our body weight, yet uses 20% of our calories and of our oxygen, and 30% of our glucose. The brain receives the freshest and most oxygenated blood as it is pumped out from the heart. The brain has the texture of tofu and is made up of approximately 100 billion neurons and we have 400 miles of blood vessels to bring oxygen and nutrients to all those neurons. Each neuron has approximately 1000 synapses. According to the World Health Organization, diseases caused by mycotoxins are many and mycotoxins are known as the "Great Masquerader" of the 21st century due to their ability to present in patients a number of nonspecific clinical signs and symptoms and not routinely suspected by the medical establishment.<sup>1</sup> Many patients get misdiagnosed with Lyme disease, Chronic Fatigue Syndrome, Fibromyalgia, or eventually psychiatric disorders such as adjustment disorder, depression, and others.

Mold and mycotoxins have been implicated in contributing to various diseases including Autism, Alzheimer, Amyotrophic Lateral Sclerosis (Lou Gherig's disease), and Multiple Sclerosis: Dr. Campbell will give an evidence based presentation with case reports.

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**Speaker: Andrew Campbell, MD**

***March 16, 2021 @ 10:00 AM PST***

***"Mold and Mycotoxins and the Brain"***

***About Andrew Campbell, MD***

Andrew Campbell, MD was the Medical Director: Medical Center for Immune and Toxic Disorders in Woodlands, Texas (2000-2010) and the Medical Director of Chronic Fatigue and Immune Dysfunction Center in Houston, Texas (1990-2000). Both of these clinics treated patients from all over the world.

He was selected out of 720,000 to win the Patient's Choice Award 2009-2014. He also won the Most Compassionate Doctor Award (2011); International Health Profession of the year: Outstanding Contribution to Clinical Toxicology", Cambridge, England (2005).

He is the Editor-in-Chief of several journals including " Alternative Therapies in Health and Medicine; Advances in Mind-Body Medicine; The International Journal of Complementary and Alternative Medicine; and Natural Solutions.

He speaks French, Spanish, Hungarian fluently and has conversational ability in Arabic and German.

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**Speaker: Andrew Campbell, MD**  
***March 16, 2021 @ 10:00 AM PST***  
***"Mold and Mycotoxins and the Brain"***

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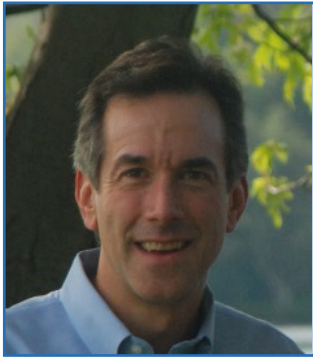
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**Speaker: Andrew Budson, MD**  
***March 24, 2021 @ 12:00 PM PST***  
***"Seven Steps in Enhancing Memory"***



Have you ever walked into a room and forgot why you walked into the room? Have you forgotten the name of a person? Are these normal? When do we need to worry about our memory? Some of the above are considered normal and can be explained by distraction. Dr. Budson has evaluate thousands of persons concerned with their memory and shares his expertise. Tune in and learn about memory, when to be concerned and how we can improve our memory.

***About Andrew Budson, MD***

Andrew E. Budson, M.D. is Chief of Cognitive & Behavioral Neurology, Associate Chief of Staff for Education, and Director of the Center for Translational Cognitive Neuroscience at the Veterans Affairs (VA) Boston Healthcare System, Associate Director for Research at the Boston University Alzheimer's Disease Center, Professor of Neurology at Boston University School of Medicine, and Lecturer in Neurology at Harvard Medical School. He is also the Medical Director of the Boston Center for Memory, located in Newton, Massachusetts. He has published over 100 papers, reviews, and book chapters and is a reviewer for more than 40 journals. He has co-authored or edited five books, including Memory Loss, Alzheimer's Disease, and Dementia: A Practical Guide for Clinicians, the second edition of which has been translated into Spanish, Portuguese, and Japanese.

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**Speaker: Andrew Budson, MD**  
***March 24, 2021 @ 12:00 PM PST***  
***"Seven Steps in Enhancing Memory"***

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**Speaker: Ray Griffiths, MSc, mANP, mBANT**

***March 31, 2021 @ 11:00 AM PST***

***"Neurotrophins, Stress and Body Health"***



Neurotrophins are wonderful proteins that can be seen as our brain nourishers - they act as interfaces between what we eat, think, feel and do, and the brain. The human brain is three times larger than other large primates and therefore requires enormous amounts of energy to power it.

Neurotrophins act as an energy management system that help to decide where brain energy should flow. Eating good food, exercising, being with good people and being in an uplifting environment will all support our neurotrophins, to help deliver ample energy and nourishment to the brain. Eating badly, stress and a sedentary lifestyle will have the opposite effect and deplete the brain of energy, and predispose us to mood disorders and depression. Being bored or uninspired will also have a negative effect on brain energy - why would the brain waste valuable resources on something that we have no interest in?

Neurotrophins are sensitive to stress and a large part of the presentation will explore the effects of stress on brain and body health - particularly exploring the positive effects of taking time to relax and activate our parasympathetic nervous system, and in turn our healing vagus nerve.

Another important aspect of neurotrophin activity is neurogenesis in our hippocampus - a vital brain structure that supports our mood and memory, to help protect us from depression, dementia and Alzheimer's disease. The hippocampus grows 700 stem cells every day that have the potential to become adult hippocampal neurons - however, poor diet, stress, lack of exercise and inspiration may all block their growth.

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Talking of stress, it is not all bad - it's only excessive stress that is bad. Humans have evolved as hunter gatherers who thrive on novel environments which need exercise to discover them. Inspiration, exercise and a life truly lived are what get our brain fired up and energized!

In fact small amounts of stress are designed to help us prevent aging and sickness through a process called hormesis. A small amount of stress triggers the production of our own internal antioxidants and activation of our anti-aging proteins. Humans live four times longer than we should for a mammal of our size. We have wonderful anti-aging mechanisms that we can tap into to help our brain and body live a long and healthy life - but we need to nourish ourselves at every single level of our being to tap into this longevity resource gifted to us by evolution.

#### *About Ray Griffiths, MSc, mANP, mBANT*

Ray Griffiths is a Registered Nutritionist and Lecturer and hails from the South of England, living in a 16th century cottage on the borders of Essex and Suffolk. He has been researching and practicing nutrition for over 20 years and lecturing for over 10 years. Ray's MSc dissertation was on the role that mitochondria play in Parkinson's disease. His lectures and webinars have covered diverse subjects such as: cancer and nutrition, chronic fatigue, cardiovascular health, neurodegeneration, MS and ageing. Ray has a background in Broadcast Engineering and likes to apply a similar style systems philosophy to nutrition and biochemistry - using this approach to challenge and greatly expand existing ideas and concepts. Depression: the Mind-Body Diet and Lifestyle Connection 350 million people world wide are currently suffering from depression One in six will be affected by a depressive disorder during their life time Can our life style choices affect our mood People with depression four times as likely to have a heart attack than no history Hx Heart attack chances another higher Depressed more likely to abuse drugs or alcohol seem to be artificially drawn boundaries between the mind and body. Sometimes sx are seen as psychosomatic and some dismiss as a lesser issue Yet body and brain interact. Gut and brain interact with strong connections How do all the different things discussed on this show affect and interact with depression.

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**Speaker: Ray Griffiths, MSc, mANP, mBANT**  
***March 31, 2021 @ 11:00 AM PST***  
***"Neurotrophins, Stress and Body Health"***

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**Speakers: Carol McMakin, MA, DC**  
***April 6, 2021 @ 1:00 PM PST***  
***"Frequency Specific Microcurrent in Healing"***



Frequency Specific Microcurrent (FSM) is changing the way physicians and patients think about treatment options for pain and many other medical conditions. Exciting data and 20 years of clinical evidence show how frequencies and resonance can be used instead of medications, nutrients and chemical interactions to change tissues and symptoms. The new book, *The Resonance Effect*, describes how FSM was discovered and developed, how it's changing medicine and how you can use resonance to change lives, including your own.

***About Carol McMakin, MA, DC***

Dr. Carolyn McMakin developed Frequency Specific Microcurrent (FSM) in 1996 and began teaching it in 1997. She has a part-time practice, consults with and treats professional teams and elite athletes, does clinical research and teaches FSM seminars in the US and abroad. She has lectured at the National Institutes of Health and at conferences on fibromyalgia and the differential diagnosis and treatment of chronic pain syndromes in the US, Australia, England and Germany. She has authored seven peer-reviewed articles, four book chapters and two abstracts in the areas of chronic pain and differential diagnosis. Her textbook, "Frequency Specific Microcurrent in Pain Management" was published by Elsevier in 2010. Her book "The Resonance Effect" was published by North Atlantic Books in 2017.

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**Speakers: Carol McMakin, MA, DC**  
***April 6, 2021 @ 1:00 PM PST***  
***"Frequency Specific Microcurrent in Healing"***

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**Speaker: Carole Baggerly**  
***April 13, 2021 @ 11:00 AM PST***  
***"Vitamin D and Your Health"***



Benefits of higher levels of vitamin D include a reduced risk of several diseases and health conditions. Vitamin D is instrumental in maintaining health. It can reduce inflammation, oxidative stress, and help with unhealthy guts - three triggers to set one on a path towards chronic diseases. Studies have shown its associations with flu, pregnancy, athletic performance, autism, ADHD, dental caries, sleep, verbal fluency, cognitive decline, dementia, erectile dysfunction, testosterone, surgery recovery and overall mortality. Recent studies have shown it was helpful in covid patients, and this was even discussed in the UK parliament. The sun is a primary source of vitamin D. Other sources of vitamin D are supplements and diet although it is difficult to get much from diet, especially for vegans and vegetarians. Those most likely to have low levels of vitamin D include people who are indoors most of the time, especially at mid-day; dark skinned people and people over age 60.

***About Carole Baggerly***

In 2007, as Carole was recovering from breast cancer treatment, she stumbled upon a web site which touted vitamin D levels as being important, even preventive, for breast cancer. After more research she found that indeed this research was REAL. Why had she never heard it before? Could she have prevented her breast cancer? She started by garnering the support of many vitamin D researchers and GrassrootsHealth was born – with the mission of moving those researchers' findings into practice! GrassrootsHealth has a partnership with 48 World-Renown Vitamin d Researchers from around the world. She also focuses on many other natural substances that are instrumental for our health. Their mission is to make vitamin D testing and monitoring part of the standard of care for ALL people.

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**Speaker: Carole Baggerly**  
***April 13, 2021 @ 11:00 AM PST***  
***"Vitamin D and Your Health"***

**Join Zoom Meeting**

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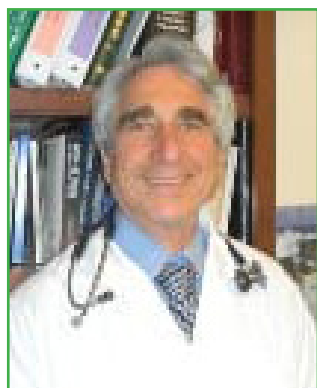
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**Speaker: Robert Rowan, MD and Howard Robins*****April 19, 2021 @ 11:00 AM PST******"Healing with Ozone"***

Inflammation, oxidative stress, mitochondrial dysfunction, toxins, and immune dysfunction all contribute to chronic and acute illnesses. Ozone is a low cost therapy used and researched in many countries that addresses all these contributing factors. Ozone is a very powerful oxidant that human immunity system produces. It is the most powerful oxidizer and provides oxygen to the tissues. Included in its actions are: -eliminating viruses and bacteria in its path -stopping inflammation -riding the body of occult infections -making red blood cells more flexible so blood flow better -improves the ability of the red blood cell to deliver to cells -improving mitochondrial consumption of oxygen, thus making more ATP (energy) -modulating the immune system Dr. Rowan describes his experience in healing many illnesses and describes his visit to Sierra Leone where, in the midst of the ebola epidemic, he taught local practitioners how to use ozone in

combatting ebola.

***About Robert Rowan, MD***

Dr. Rowen is a Phi Beta Kappa graduate of Johns Hopkins University followed by medical school at the University of California, San Francisco. He is board certified in both family practice and emergency medicine. He is internationally known for his complementary, alternative and integrative medicine practices. Hi practice included acupuncture, nutritional medicine, homeopathy, herbal medicine and oxidative therapy. He is affectionately known as the father of medical freedom for pioneering the nation's first statutory protection for alternative medicine in 1990.

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**Speaker: Robert Rowan, MD and Howard Robins**

***April 19, 2021 @ 11:00 AM PST***

***"Healing with Ozone"***

He served on the Alaska State Medical Board. Recently, he traveled to Sierra Leone during the ebola epidemic to teach doctors about using ozone to treat ebola patients. Some of his students are currently using ozone to successfully treat patients with many different illnesses

Her 1995 anthology, *The Adoption Reader: Birth Mothers, Adoptive Mothers and Adopted Daughters Tell Their Stories* (Seal Press, Seattle), helped define adoption as primarily a woman's issue. Wadia-Ells' column, "Honest Health", published by the Gloucester Daily Times (MA), beginning in 2008, her long-time Busting Breast Cancer blog, and her 2013 e-book, *Birth Control Drugs and Breast Cancer: Learn the Terrible Truth*, all served to introduce many of the topics discussed in her 2019 book, *Busting Breast Cancer: Five Simple Steps to Keep Breast Cancer out of Your Body*, based on the new metabolic theory of cancer. She currently lives in Manchester by the Sea, MA.

***About Howard Robins, DPM***

Dr. Robins is a Podiatrist-Foot Specialist specializing in the use of Bio-oxidative therapy for the treatment of diseases and conditions affecting the foot and ankle. He has pioneered the use of the Robins Method of Direct Intravenous Ozone Therapy making it the safest and most effective way of performing this treatment.

*(Continued on Next Page)*

**Speaker: Robert Rowan, MD and Howard Robins**  
***April 19, 2021 @ 11:00 AM PST***  
***"Healing with Ozone"***

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**Speaker: Laszlo G. Boros, MD**  
**April 27, 2021 @ 11:00 AM PST**  
***"The Role of Heavy Hydrogen (Deuterium) in  
Translational Medicine"***



Mitochondrial ATP/water biosynthesis steps involve hydrogen transfers via enzymatic cleavage, redox transfer, quantum proton tunneling, delocalization and destabilization; processes that are all compromised by heavy hydrogen isotopes. Therefore, cellular health is best understood by understanding the discrimination of deuterium ( $2\text{H}$ ) during metabolic water production, thereby metabolic water biochemistry and deuterium mediated kinetic isotopic effects become critical for translational Deutenomics in medicine. The talk will cover research in metabolic profiling and mitochondrial nanomechanics of diseases, the production of deuterium depleted (depleted) metabolic water via nutrition and how deutenomics helps diagnostics via deuterated water metabolic imaging from nutrients.

***About Laszlo G. Boros, MD***

Dr. Boros holds a Doctor of Medicine (M.D.) degree from the Albert Szent-Györgyi School of Medicine, Szeged, Hungary. Dr. Boros is currently a Professor of Pediatrics, Endocrinology and Metabolism at the UCLA School of Medicine and investigator at the UCLA Clinical & Translational Science Institute (CTSI), while he is also the Chief Scientific Advisor of SiDMAP, LLC. Dr. Boros studies functional biochemistry for phenotype as well as drug testing that involves library screening, lead optimization and in vitro and in vivo profiling. The core technology involves studying natural steady state and disease/drug induced variations in stable non-radiating isotope variations via cross talk among metabolites and  $^{13}\text{C}$ -glucose or deuterium as the labeling substrates.

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**Speaker: Laszlo G. Boros, MD**  
***April 27, 2021 @ 11:00 AM PST***  
***"The Role of Heavy Hydrogen (Deuterium) in  
Translational Medicine"***

Dr. Boros is the co-inventor of the targeted  $^{13}\text{C}$  tracer fate association platform to study deuterium as an oncoisotope and its depletion by mitochondrial matrix water exchange reactions to prevent oncoisotopic cell transformation by deuterium.

Dr. Boros trained as a house staff in his medical school in gastroenterology after receiving a research training fellowship from the Hungarian Academy of Sciences. Dr. Boros was a visiting Scholar at the Essen School of Medicine in Germany and also worked as a Research Scientist at the Ohio State University, Department of Surgery, in the historic Zollinger-Ellison laboratory. Dr. Boros is the recipient of the C. Williams Hall Outstanding Publication Award from the Academy of Surgical Research of the United States (1997), the Richard E. Weitzman Memorial Research Award from the University of California (2001), the Excellence in Clinical Research Award from the General Clinical Research Center at the Harbor-UCLA Medical Center (2004) and Public Health Impact Investigator Award of the United States Food and Drug Administration (2011). Dr. Boros is an Academic Editor of Nature - Scientific Reports and Medicine, which are peer reviewed periodicals that publish clinical and translational research papers worldwide.

*(Continued on Next Page)*

**Speaker: Laszlo G. Boros, MD**  
**April 27, 2021 @ 11:00 AM PST**  
***"The Role of Heavy Hydrogen (Deuterium) in  
Translational Medicine"***

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For questions, please contact Susan Downs at [susandowns@hotmail.com](mailto:susandowns@hotmail.com).

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