

Silicon Valley Health Institute

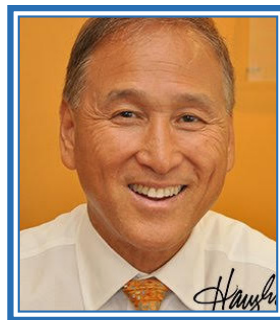
Host of the Smart Life Forum

Next Meeting: Thursday, December 19, 2019

Holiday Potluck!

and Presentation by Dr. Harry K. Wong, DC

“Breakthroughs in Postural Breakdown and Decay”



Meet Dr. Harry Wong
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*Happy
Holidays!*

Smart Life Forum

Presentation Location

Cubberley Community Center

Room H1

4000 Middlefield Road

Palo Alto, California

Directions on our website:

www.SVHI.com

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Announcements & Upcoming Events

Upcoming Speakers:

JANUARY 2020

Hong Jiang

FEBRUARY 2020

Elizabeth Plourde - "EMF Health Effects"

MARCH 2020

Tom Yarema, MD

APRIL 2020

Fred Provenza, PhD - "What Animals Can Tell Us About Nutritional Wisdom"

Upcoming Foundation for Mind Being Research Meeting (FMBR)

No Meeting This Month.

Please visit www.FMBR.org for more info.

A **Membership Chair** position is available. Interested persons can contact any board member or email **Susan** at:

susanrdowns@hotmail.com.

Thank you.

SLF Members

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If you have questions please email:

susanrdowns@hotmail.com

Thank you.

Meet Main Presentation Speaker: Dr. Harry K. Wong, DC!



Dr. Harry Wong attended Palmer College of Chiropractic in 1974 and has been in practice for over 30 years. He has done research and published papers on spinal biomechanics. He has been director of Active Life Medical Center, a multi-disciplined alternative health center for over 20 years. Despite his achievements in alternative medicine, he saw a lack of consistent postural and symptomatic results with traditional chiropractic. His observation of older chiropractors that have severe postural breakdown and lack of mobility alerted him to the fact that chiropractic care was desperately missing something. He believes that “something” has now been found.

(End of Meet Dr. Harry K. Wong!)

Presentation by Dr. Harry K. Wong, DC

“Breakthroughs in Postural Breakdown and Decay”

Using Advanced BioStructural Correction by Dr. Harry Wong, DC.

With a growing elderly population the incidence of postural decay presents new challenges in our quality of life. In this presentation, we'll not only discuss the newly discovered causes of this condition but what also causes chronic neck, back pain, stiffness, lack of mobility and function.

Two recent discoveries with Advanced BioStructural Correction led him to a hidden cause of so much pain, suffering and postural decay. The condition is known as “Tethered Cord Syndrome.” Although this discovery was made by a group of Neurosurgeons from Irvine, California, the key breakthrough was in correcting this common malady without surgery.

Unknown to almost all chiropractors, orthopedic surgeons, neurosurgeons, and physical therapists is a problem known as Adult Tethered Cord Syndrome. It turns out that due to structural misalignments, adhesions (stuck areas) form between the spinal cord and the bony spinal canal of the spine. These adhesions get stuck in our spine and can then pull on the nerves of the spinal cord. The result of this problem is pain, suffering and disability and a slow degeneration of posture and overall body function!

This was not a chiropractic discovery. Two neurosurgical groups discovered this. Dr. Brieg in Sweden and Dr. Yamada in Irvine California. Upon discovering this they used surgical procedures to surgically sever those adhesions between the spinal cord and the bony spinal canal. They were amazingly successful, but it required major surgery. If you're more research oriented, then click this for an abstract of that research:

<https://www.ncbi.nlm.nih.gov/pubmed/17961011>

<http://www.thieme.com/media/samples/pubid1097523333.pdf>

The good news is that now we can release these adhesions of the spinal cord without surgery.

(Continued on Next Page)

The second discovery:

Where you're feeling pain is not the cause of your pains. What has happened is that a bone has gone out of place that your body could not fix or reposition. Your body then attempts to remove the pressure from that mis-alignment by twisting to compensate for the imbalance that was caused.

Where your body compensates to is where you hurt, but not where the actual mis-alignment is. It can be anything from a dull ache to severe sharp shooting pains.

(End of Presentation)

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About Smart Life Forum

Smart Life Forum, Inc. is a 501(c)(3) California nonprofit corporation whose primary mission is to provide credible health education to the public with an emphasis on optimal wellness, anti-aging medicine, and longevity.

Annual memberships in Smart Life Forum, Inc. and charitable donations are tax deductible to the extent allowed by law. For information on how to join or make a donation, please visit our website: www.SVHI.com.

For questions, please contact Susan Downs at susanrdowns@hotmail.com.

Become a Member!

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\$10 per Meeting

Benefits: Access to a community of experienced scientists and physicians who share information and similar interests.

Join Us! First time Visitors and Non-Members \$10 per meeting (at door),
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