

# Silicon Valley Health Institute

Host of the Smart Life Forum

**Next Meeting: Thursday, July 21, 2016**

**Main Speaker: Adiel Tel-Oren, MD, DC, DABFM,  
DABCN, CCN, LN**

*“Bye Colorectal Cancer & Inflamed Gut: Eliminate the Risks  
of Intestinal Disease & Colonoscopy”*

**Secondary Speaker: Steve Mason**

*“Wonders of Pine Oil”*

## Smart Life Forum

### Presentation Location

Cubberley Community Center

Room H1

4000 Middlefield Road

Palo Alto, California

Directions on our website:

[www.SVHI.com](http://www.SVHI.com)

For those who cannot attend,  
you can view livestreaming at

<http://bit.ly/Zpld3o>

See our archived videos at

<http://tinyurl.com/smartlifeforum>



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## Announcements & Upcoming Events

### Upcoming Speakers:

AUGUST 2016

Joe Cohen

SEPTEMBER 2016

Filomena Trindade, MD, MPH  
"Diabesity"

OCTOBER 2016

Peter Glidden, ND  
Steve Blake, ScD - "Stop Strokes Before They Start"

NOVEMBER 2016

Dale Breseden, MD - "Reversal of Memory Loss in Alzheimer's Disease"

DECEMBER 2016

Elizabeth Mazzio, PhD

### Upcoming Foundation for Mind Being Research Meeting (FMBR)

Friday, July 22, 2016 @ 7:30pm

**Daniel Drasin**

*"Calling Earth"*

**Unity Community Church**

**Y.E.S. Hall**

**3391 Middlefield Rd, Palo Alto, CA**

Please visit [www.FMBR.org](http://www.FMBR.org) for more info.

### **Volunteer Positions Available!**

*SVHI is looking for volunteers for:*

- *Video Assistant*

If you have questions please email: [susandowns@hotmail.com](mailto:susandowns@hotmail.com) Thank you.

### News Alert!

The board has decided to provide transcripts for our speakers' presentations. These transcripts will be provided for members only, and are expected to increase internet traffic to our site. These transcripts are provided by a generous donation by our chair, Dave Asprey. We will be working on these transcripts, so stay tuned!

### SLF Members

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***Main Presentation Speaker: Adiel Tel-Oren (Dr. "T"), MD, DC, DABFM, DABCN, CCN, LN!***



Dr. T is a sought-after lecturer and expert in Skin Health and Longevity. The significance of skin health is more than skin deep, as there is a connection between objective measurable skin parameters and whole-body anti-aging. Dr. T's expertise includes skin lesion treatment and prevention, clinical nutrition, functional medicine, and laboratory tests. Dr. T is introducing non-invasive precision instruments for clinical diagnosis of skin aging with powerful treatment protocols, available to all types of practitioners.

Dr. T is President Emeritus and Professor of Medical Sciences, Clinical Nutrition, and Functional Medicine at the University of Natural Medicine in Santa Fe, NM and San Dimas, CA (specializing in distant learning). Dr. T was born in Jerusalem, Israel, and had an extensive career in music before switching to medicine, as a result of long-term interest in health and nutrition stemming from witnessing severe illness and tragedy in his family. He obtained his first doctorate, in chiropractic medicine (DC), from Northwestern Health Science University, graduating at the top of his class; After several years of successful practice as a nutrition and functional medicine physician, he returned to school and received his Medical Diploma (MD) at the prestigious Pirogov Medical University (Russia's flagship medical institute, which placed 3rd in UNESCO's competition for the world's best medical schools); He then became certified by the American Boards of Functional Medicine (DABFM), Clinical-Nutrition (DABCN), Disability Analysis (FABDA), & the American Board of Chelation and Oxidative Therapy. He has also obtained his Certified Clinical Nutritionist (CCN) diploma - with the IAACN (International & American Association of Clinical Nutritionists) - where he is also serving as professor for the Clinical Nutrition Certification Board. He is a licensed nutritionist (LN) in Minnesota, since 1997.

In the past 15 years, Dr. T has lectured world-wide to doctors, health practitioners, & the public. He founded the "Tel-Oren Muco-Cutaneous Lesion Therapy" and trained many physicians who now offer this treatment in several countries and many states (including California, Arizona, Washington, & Oregon). The therapy is a highly effective non-surgical, non-medical, non-scarring approach to eliminating skin and mucous lesions of all types and preventing risky developments.

*(Continued on Next Page!)*

Dr. T is the founder of several humanitarian projects in several countries, including the Ecopolitan Eco-Health Community ([www.ecopolitan.com](http://www.ecopolitan.com)), the Everest Learning Academy in Nepal (a network of schools, community centers, and orphanages that educate, nurture, and protect over 14,000 disadvantaged Nepali children from child trafficking, prostitution, and slavery). He guides Healthy Humanitarian Holistic Trekking Expeditions in Nepal's Himalayas twice a year (October 2016 is coming up, still room to join! See [WWW.NEPALI-CHILDREN.ORG](http://WWW.NEPALI-CHILDREN.ORG)), and runs retreats in Thailand, foraging weekends in Wisconsin, a gluten-free Green Bakery, and a healthy restaurant in Minneapolis. He has created the BioActive Plant Fraction(R) Formulas and built a factory in Nepal that makes the best, healthiest Black Himalayan SULFUR-RICH Salt, both available via [www.nutdyn.com](http://www.nutdyn.com). All these products, projects, events, and services support the Ecopolitan Community's humanitarian efforts in Nepal and children's health worldwide.

For Ecopolitan Skin Clinics Appointments in your area, to join a trek, or to learn about Ecopolitan's exciting Skin Science & Anti-Aging Seminar - please visit [www.doctorTevents.com](http://www.doctorTevents.com) or [www.ecopolitan.com](http://www.ecopolitan.com).

*(End of Meet Adiel Tel-Oren!)*

**Main Presentation by  
Adiel Tel-Oren (Dr. "T"), MD, DC,  
DABFM, DABCN, CCN, LN**

*“Bye Colorectal Cancer & Inflamed Gut: Eliminate the Risks  
of Intestinal Disease & Colonoscopy”*

This lecture will empower you with wonderful news about the Silent Killer:

- How to diagnose colorectal cancer really early, when reversal is easy
- Avoid the lifelong suffering, disability, & risks of colorectal surgery
- The rarely-discussed combined causes of colon cancer, and simple solutions.
- Why virtually ALL Western intestines are inflamed & diseased.
- What can YOU do to fight the inflamed gut epidemic
- Eliminate the fear of colon cancer without invasive and risky colonoscopies.
- What about the typical stool tests recommended by your "Health Plan"?

These and many other questions are answered in this fact-filled scientific discussion that can save and improve many lives, including yours.

*(End of Main Presentation!)*

## *Secondary Presentation Speaker: Steve Mason!*



Steve Mason was a representative of world health network founded in 1998 and is a founding partner in the 2150 program. He was involved in the first importation of the pine needle oil to the United States in 2004. He has been actively involved in informing the public about the affects of the edible version of the Pineneedle oil. He was recently contacted by a former Shark from Shark Tank who was impressed with the health benefits of pine oil.

*(End of Meet Steve Mason!)*

## **Secondary Presentation** **by Steve Mason** *“Wonders of Pine Oil”*

Pine oil is one of the most important essential oils used in aromatherapy. It reduces inflammation, is an antioxidant, protects against sinus infections, clears mucus and phlegm and cures skin conditions such as eczema and psoriasis. It boosts the immune system, and fights fungal and viral infections. It is believed that pine oil increases metabolism, helps treat intestinal problems and acts as a diuretic. It helps with pain. Reportedly it can be used as an insect repellent and can protect wool sweaters from moths and other insects. Come learn about the many other uses for pine oil.

*(End of Secondary Presentation!)*

The bottom of the page features several decorative wavy lines in shades of blue and green, creating a modern, flowing aesthetic.

### **About Smart Life Forum**

Smart Life Forum, Inc. is a 501(c)(3) California nonprofit corporation whose primary mission is to provide credible health education to the public with an emphasis on optimal wellness, anti-aging medicine, and longevity.

Annual memberships in Smart Life Forum, Inc. and charitable donations are tax deductible to the extent allowed by law. For information on how to join or make a donation, please visit our website: [www.SVHI.com](http://www.SVHI.com).

For questions, please contact Susan Downs at [susanrdowns@hotmail.com](mailto:susanrdowns@hotmail.com).

### **Become a Member!**

Smart Life Forum, Inc. (SLF) is a California qualified 501(C)(3) nonprofit corporation organized under state law for educational and scientific purposes as a public benefit corporation. Please make your check payable to “Smart Life Forum, Inc.” Please provide your email address as well.

**Annual Membership \$60 (per household)**

**\$10 per Meeting**

**Benefits:** Access to a community of experienced scientists and physicians who share information and similar interests.



**Join Us!** First time Visitors and Non-Members \$10 per meeting (at door),  
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who share information and similar interests and  
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