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## **Bernd Friedlander: Energy Healing Devices** SVHI

Transcript, Transcribed by [Bulletproof](#)

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Speaker 1: I'm not sure that he really needs an introduction, but does anybody not know Bernd? Okay, so Bernd is here tonight to talk about healing devices and he has a whole slew. He goes back to the Frankenstein movie days where you plug everybody in. We're going to look for volunteers a little bit later, so he could plug you into the whole equation. Bernd is a long-time member and one of our technical guys here. Everybody, welcome Bernd Friedlander.

Bernd: As a matter of fact, Frankenstein was my uncle. We changed the name of my great, great, great granduncle. We changed the name because he had a bad reputation in Germany.

Can you hear me? All right. I forgot what I'm going to speak about. We'll do a lot of answering questions. Healing devices. I don't know if they really work ... No. How I got into it, going back as a physical therapist, we used devices in treating patients all the time. The diapulse, miapulse, diathermy, helps to accelerate the response to healing. That's what it is.

Luckily, I was involved, in the '80's after I got my chiropractic degree, I was hired by UCLA and I worked in sports medicine research in developing the Olympics and also training the Olympics in both using energy medicine and nutrition. To my work with athletes, I was always bombarded by phenomenal scientists and that's where I learn from, scientists, because I'm not a scientist. I'm not an engineer. I just grabbed to them and I developed a sponge to knowledge and that's who I am. Working with Olympic athletes and some of the best in the world, and then getting involved with Raiders, Rams, the Lakers, Clippers, San Diego Chargers, that also helped to bring other great inventors and scientists towards me, allowing me to use devices.

Some of these devices were extraordinary. Guy Manners, who knows Guy Manners? Something using waves, sound waves. We used the original technology for sound waves with Guy Manners. Then one of my interest was I became friends with Steve and Laverne Ross, one of the greatest organizations I have ever came across besides Edgar Cayce, where I worked a lot with and that's how I got into all of this was working and developing something with Edgar Cayce and the foundation in Phoenix, Arizona was looking at how instruments work. Steve and Laverne Ross at the World Research Foundation. One day, I hear a phenomenal radio talk show and they were interviewed about Rife. This was in the late '70s, early '80s. How many know about Rife? How many know about Rife work?

Female: Rice?

Bernd: Rife? R-I-F-E. Royal Rife, 1900's, twenty, thirty. I didn't know anything about Rife but I've about technology and using it. What got me stimulated was what they said on the radio about Rife and how he cured cancer by stimulating with a form of light ... and certain frequencies but it was much more than that. He used a microscope. He can determine though a microscope the form of bacteria it is or virus, and then he would use a plasma field to detect what field and what wavelength and what frequencies

was the right frequency to address the bacteria and knock it out. He had numerous ... you can go and Google Rife because there's so much I can tell you about it.

The documentation was that every cancer patient they worked in the 1920's, '30's and '40's completely recovered from cancer. Completely. Okay? The problem was the head of the FDA then wanted to control the device for the monetary purpose of only allowing those who can afford it, the rich. Rife was not into that. He wanted to service everyone. If you had no money, you don't pay.

The technology basically is something that I had the original one and the original microscope. I was given it by not only the world research foundation but the family of Rife. They actually gave it to me and I stupidly enough told somebody about it.

If you know a guy named Tom and Ken Murdoch, they own Murdock Pharmaceutical and Nature's Way. Tom owned and started the company and his son Ken now sold the company and Nature's Way is one of the big nutraceutical companies but Murdock Pharmaceutical was into everything then. Tom went down there and told them that's he representing me and from the woman who, Rife's mistress, eight year old woman gave to him the right device and he shipped them to Utah and during the shipping he didn't really package it well and the whole thing broke. It's sitting up there now.

I had another device so we knew exactly how it works and then we donated it to a major university for research and only for pain inflammation. Nothing else. If you understand the mechanism of Rife was basically the fundamental of light. Really, it's light. I discovered the plasma that he was using was in the helium neon which is in the same nano-meter of wavelength of red infrared light. Even going back to orange. You're covering the spectrum of the human body that self-resonates at those frequencies which is what the sun is giving you everyday if you ever go out there. Basically, that's what it is.

What he did differently was he had an enormous microscope and that was itself an art. I had never seen anything. The microscope was from here to here. It was quartz crystal and one crystal quartz we had to buy from Germany at a hundred thousand dollars. None of the group that I worked with, Tom Vardini and all those ever had enough money to recover the microscope because it was a two, three, four, five million dollar microscope.

That's how he identified what frequency. That's an important thing and most people didn't realize that he never exposed you more than thirty to ninety seconds. Today everybody calls me, "I've got the Rife devices. I'm using it for an hour or two hours. Twenty minutes. Thirty minutes." No. You're over-exposing. Less is better. That's a term you have to understand. Less is better. More is not good.

He discovered that the right timing of the right helium neon, he used mostly helium, that's the secret, was the right timing of the person inducing this field with the right frequencies was really important because a Herxheimer reaction could occur. Thirty

seconds every three to four days. Then, sixty seconds every three to four days. Then ninety seconds and within that period of time cancer was gone. He never lost one patient. It's written in scientific journals today.

Nobody's really duplicated, when I hear about somebody say they got the right, I know they don't because nobody was able to show me. We did duplicate Rife's work with Valerie. Anybody knows Valery Hunt? She worked with us. I did a lot of intuitive work with her and she trained me in a lot of ways. She's a special woman.

Hans Becker was about the closest person we contacted to reproduce his device. Hans is one of the most brilliant scientists I've ever come across. I can't even understand one-eighth of what he says. That's how brilliant he is.

Going into that, I was also approached by people that were developing life-therapy devices. One fellow that really drew me a lot was a San Jose State scientist professor in the engineering department. He drove all the way down to UCLA to my office on Santa Monica and he dropped off all these equipment. These life devices, equipment like this but different, not connected to this.

What he did was ... it was an infrared device so the first person I used it on was Howie Long and he had knee injuries and something else was happening in his lower back so we used the device for a certain period of time. We found the right frequencies and we found the right watts and milliwatts and all that. With one, two or three treatments, back to normal.

Like I said, you can use this on your eyes and it helps stimulate. Basically light does, it stimulates cytochromes that they see, which is a major molecule of mitochondria energy. It is the right frequency and energy frequency of the mitochondria. What did I say about the mitochondria? You've got to work with the mitochondria before you can do anything else.

My talk on the New Living [inaudible 00:10:46] is going to be about how exciting mitochondria works and how we can stimulate it. That's going to be at twelve o'clock on Saturday and then we have the anti-aging panel with Doctor T. and Richard [inaudible 00:10:55] Letz of course is going to be there. Eric Strominsky on ozone and rectal-ozone which he's not going to talk about because he's going to get in trouble, but I will. I think it's one of the greatest things we can do today.

This is one of the things. I like to do simple things. What I do with everyone when I was in practice, I stimulated certain areas of the body. The first area I want to find out is how is your thyroid because if your thyroid's not functioning, nothing else is going to function. I would put this over the thyroid for about fifteen seconds and stimulated it and that's it. Then the [thymus 00:11:39] is a great area. You got the liver. You got the stomach. Here's the major blood vessel to the whole body, right? What's the vessel right in the belly button, right behind besides the baby? You're aortic valve, right? Aortic artery. You can stimulate that. We also use it for knee injuries and all that so we used it for everything.

I programmed certain frequencies on there. I'll tell you the secret to all frequencies. Once you understand this, the heart. The heart is the foundation of all living things, right? It pumps at a certain vibrational force and pat and it's stimulated by certain frequencies. If you know about the heart math it's 1.14 Hz. That is the ideal frequency of the heart. The harmonics are in the lower range. If you go lower than 1.14 Hz, that means it takes one and quarter cycles for one waveform to complete itself in one second.

Nogier is an incredible individual out of France who I studied with. Using Nogier's frequencies and all of the genetics in our body are based on Nogier's frequencies. Everything I've developed is based on Nogier's frequencies plus the heart. The combination is phenomenal. Guess what Nogier did? He took 1.14 and doubled it. 2.28, 4.56 and it goes on. He used the higher forms of frequencies to treat the body, which you can. As long as you stay in that 1.14, that's the secret. That 1.14. That's where I got regeneration, recovery with everybody.

That is a phenomenal instrument and you don't have to spend a lot of money to get an infrared device. We're going to be producing some. You have one that has magnetics and infrared. I've always been into magnetics and I've always been into infrared because that's what the human body really is. Light and magnetics. Light and magnetics, okay?

About the late, mid '80's, again I got introduced to many different forms of healing devices. A matter of fact, if you know how to use your hands, how many knows how to heal with your hands? You can put your left hand, which is a calming, negative ... this is a positive on most people, not every body. Some people are reverse. If you're reversed, you don't belong to planet Earth. We're going to have to ship you to another planet which is coming down in a short while. Then you can be on that polarity.

You can put your hand over something and it calms it down and it heals it. You can do this or you can do this. I do that myself everyday. I heal myself. I also take the palms of my hands ... do you want to keep your eyes functioning for a long time without using contact lenses? Take the palm of your hand, put it on your, slightly pressing it on the eye, hold it there for a hundred seconds. A hundred seconds. Everyday, twice a day and tell if you don't change your eyesight.

I also teach exercise for eyesights, which you look up here, you look down, you do it five times this way, five times this way and then you do circular and then you're good to go. You don't need any glasses. Everybody, please give me your glasses, put them right here. I want to you to go home without your glasses today, because you've learned the fountain of youth by these exercises. This is easy. I have a woman that's in her seventies. She has twenty-twenty vision and this is what did it, besides having three operations.

Let's get into more devices. One of my favorite things is occasionally you see a fellow come here and the guy who built your device is Joseph Wedow. Yes he is part of the Italian gangster family but don't worry about it. He's retired and he became an engineer. Let me plug this in. This is another device.

Joseph Wedow, how I came across ... he's a wonderful engineer guy, but he's a contractor, electrical [inaudible 00:16:45]. I was introduced in the nineties and 2000 and if you go to my website you'll see Climbing Sun. I know it's rare to have a name Climbing Sun. He's a phenomenal guy. I'm going to tell you right now. He's an architectural genius. He does all of Santa Cruise, Aptos, he gets called all over the world to do architectural work and construction work.

He came to me because of Joseph's mother who is in her seventies who had hip degeneration and disc degeneration. She was supposed to have surgery. So I decided, "Let's do something." At that time, I had a Rife device. That time, this was ancient. I put everybody on that to clean the body. Then I used light therapy, infrared.

Then I had a fellow design a product for me by the name of Dave Malone and there was a guy named McGee. He was an MD. McGee was an extraordinary MD. He was an orthopedic doctor who totally devoted his whole work on light energy. I met him in my office and we developed a relationship and he connected me to a guy. I had an idea and I'll tell you how this idea came to me. Developing a magnetic field at a very low Tesla Pico Gauss. Look up Tesla Pico Gauss because that's the secret of magnetic fields. It's not the 2 Hz, the high harmonic, the high gammas. That's actually not good for you. It actually can accelerate cancer or do other harm.

How I learned this, if you're familiar with [inaudible 00:18:47]. How many know about [inaudible 00:18:50]? How many know who developed radiology? X-rays? [inaudible 00:18:58]. If you know about his work at Cleveland College, he went to the Cleveland Cancer Philadelphia Cleveland Cancer Institute and started probing electrodes into tumor cells. Positive and a negative. I mean negative and a positive outside of the tumor and he completely eradicated liver cancer based on using silver electrodes. Look him up. [inaudible 00:19:25]. He was invited to open up thirty clinics in China. The only country that allowed him to come in. Nobody else wanted him to do this.

What happened was there's a guy named Jerry Jacobson. Jerry Jacobson is a brilliant scientist. He's theoretical physicist from Florida and I developed a very close relationship with him. He introduced me into low-wave frequencies and Picotesla Gauss.

There's a guy named Sandk, S-A-N-D-K. Look him up. He's treating people with dementia, Parkinson's, Alzheimer's using Tesla Pico Gauss, magnetic fields. Sandk. There's a guy in Greece named Anios, A-N-I-O-S. Look him up. Another fellow I worked with.

Jerry identified the genetic code of our body and the magnetic fields. I have all his paperwork. I started designing concepts based on Jerry Jacobson's work and then

taking Nogier's frequency in the heart and I incorporated magnetic fields based on that. This pack was the one that we used on Joseph Wedow's mother with the disc and the hip. It totally, in three to six months, she recovered. I can't duplicate this pack because the fellow who developed it has sort of retired from this and is only into light therapy, but I'm going to show you something. This produces both a magnetic and light therapy at the same time. You're getting both concepts. The one I built for Joseph mother and the one I built for Climbing Sun and if you go into my website, [drberndfriedlander.com](http://drberndfriedlander.com), go into testimonial, look up Climbing sun. He's got the most fascinating testimonial you'll ever see and he's the one that I would have to be most impressed on because of what he-

Female: How do you spell that?

Bernd: Climbing son. Like climbing. You know, you climb up? S-U-N. He's an architectural, and he was supposed to come tonight but he's designing some plans for the Aptos ... up in Aptos.

What we did, we developed a unit like this and one day I'll bring the other unit. This is a magnetic field. It's a figure eight magnetic field. The reason I had some concept about figure eights and I used Picotesla Gauss. You can not even test these Gauss, that's how low they are. They're not testable. You need instruments that only certain Universities can do that.

We apply this and he did it religiously with collagen. He has the whole program on our website exactly how he did everything, what he took. He came to me from Stanford and SAR. S-A-R. You know the group SAR? Are you familiar with this organization or orthopedic doctors that are the brain, they'e like a brain think-tank? They're all over, called SAR, S-A-R. Look them up. Professional teams use them. They're brilliant orthopedic doctors that look at your MRI, x-ray and determine what's going on and see what solution is to your problem.

The solution that the SAR group and the Stanford group total replacement of the hip. He has no hip. If you want to, you can Google him and see if you can find his name and email and he'll get back to you. He completely in one year completely recovered from ever having a hip replacement. Joseph's mother completely recovered and other people like that completely recovered.

The key was, the understanding was the figure eight of the magnetic field and the Gauss and the Nogier frequencies in the lower end. That's this device. Another device I use a lot and I treat myself almost everyday with these devices because I'm going to beat him in getting old so I want to be here to about 350 so I can have hot and sour soup with you.

Another device I really love and seen amazing results is using a pad that has stainless steel fields. These are electrodes developed by Wayne Gutterman, another friend of mine. A personal friend, who was my patient who recovered and his wife recovered and he devoted his life to building me equipment like this and this.

This device puts out an electrical energy. What I do is I then plug these things because I know intuitively what frequencies I need. With my cancer patients, I meet with them and they have these devices. I have to intuitively figure out what their frequencies are. They're doing really well. I have people twenty to twenty-five years still alive and I was telling this in dinner some of the people I'm working with like Allen Gugman who's twenty five years still surviving cancer right here and liver cancer, pancreatic, brain cancer, you name it.

This is simple. I just tell you, get one of these or I'll get for you, I program 0.08. How many understand what that frequency does? Anybody here? Then amplitude is very long. 0.08 takes about how many seconds to do that? Figure that out? It takes ten to a hundred seconds for one wave to complete itself. It's very calming. In that one wave, in that slow wave, there's something happening to the DNA and RNA of the cell. It's phenomenal what it does.

I start people on this frequency ranges, even lower, and then I progress them up to higher frequencies up to 1.14, 2.28. 2.28 is the one that I completely reverse the two, three people with hip degeneration and disc, was that frequency right there. It's in the realm or spectrum. That is so important.

A lot of us are using high frequencies today. You're around WiFi, cell-phones. It's causing free-radical damage. It's causing reactive oxygen specie, it's causing neuron damage. It's causing permeability. It's opening up the blood-brane area allowing toxins to go through. It is this cell membrane, these wave-forms that are allowing these things to go through.

The exchange of nutrients are controlled by what? Electromagnetic fields in ourselves. Calcium, magnesium, sodium, potassium and all that. If you know how to control that you can heal the body. It's amazing what it does. I have used this with my family whenever they get sick or they have a sprain or strain. Go on it one or two or three days.

I apply this over anywhere. I apply it on my hip, which I do have a hip injury, but it's almost like back to normal. I played professional soccer. I coached three Olympics. I ran in college and I also played seven days a week basketball and seven days a week I swam. I also worked out. I was an over-active guy. Today I do different things. I learned about core exercise. I learned about self-physiology and I understand how the NAD works. That over-exercising is not good for you. It is walking, daily exercises, core exercises.

These modalities, and I've taken people with severe depression, anxiety disorder and put them in frequency ranges that take a hundred seconds to twenty seconds to thirty seconds before one wave completes itself. One sine wave completes itself. You know about this, right? You work with fields like this. That's the secret.



I'm giving you the pattern of life. Everything is in that low. When Jerry Jacobson, if you understand and read his theoretical physicists brochures and articles that he's published, it's amazing. I think we're going to see more fields of light-energy. It think infrared, red light, orange light are the importants.

One of the things I just even tell you to do today, go to Home Depot, Orchard Supply and get yourself a clear bowl infrared heat lamp. You know about those? Heat lamp, clear, not red. Buy one of them for like seven, eight dollars, 125-watt. Get a aluminum stand that plugs into anything and everyday take five to ten minutes, expose it on your face and body in the morning and then the evening. You're healing yourself with photon energy.

The simplest thing you can do today, because we don't get enough sunlight. We're bombarded by man-made light. Unless you have full-spectrum lighting which gives us the orange, red, and the infrared spectrum, we're not getting light. We're not getting melatonin production. We're not getting vitamin D production and we're not getting other things that we need. It's so important. The mitochondria works on the orange, red, and infrared spectrum.

That's all you have to do. Get a simple, for twenty, thirty dollars you have a complete healing center. Open up studios everywhere. Charge fifteen to twenty-five dollars for healing sessions and then do ozone rectal and you've cured everybody. Someday I'll talk about ozone and how it really works, but that's another thing.

Another thing you can do, we do a lot, when I was in practice, is we used the same technology but this covers takes twenty minutes to cover. We use copper coils. You sit there and whatever's wrong with you, my god, it's gone. People feel better.

Let me share what's going on today in medicine. You want to know what's going on in medicine besides NASA knowing how to use infrared? Look up Novocure. How many know about Novocure? N-O-V-O-C-U-R-E. It's an Israelian technology developed that is treating cancer today. It came out of Israel, came into Toronto. Now they got clinical studies done in certain universities. It's basically using what Rife started, but they're using an electrical component. Are they going to get results? I don't know if they're going to sufficiently get the right results because I think the human body needs magnetic as well as light, but they're getting some of the results. It's called Novocure.

Another guy that I had a very good conversation, his name is Boris Pache. Look him up. P-A-C-H-E. He was the head ocnologist at, guess where? University of Alabama. He then became the head oncologist at Wake Forest. He is using certain parameters of frequencies at the very low end of the field. Below even what cellphones are covering. Below this. Around .2 watts per kilogram. His device is, I had a lot of time to spend with him, because he understood what I did and he was interested in some of the work we did at UCLA and what I'm doing, an appliance that you put in your mouth. An application. They're treating cancer and that's how they going to go after cancer. It's very interesting how their, Boris Pache and Novocure are looking at

electrical devices, magnetic devices for treating cancer and not chemo or radiation or other invasive ways. This device, you pack up in your bag and you have to use it for ten, twelve hours a day. We had a guy and I'll share with you one thing I did-

Speaker 1: Bernd, we need to wrap-

Bernd: Yeah, one more. I get calls everyday from all over the world. One of the calls I got, I can't say who it is, out of Chicago. I put them on a program with nutrition and diet and we discovered some new nutritional things that I can't share today but I will in about a month. We're finishing the data on cancer and something else and inflammation. We found a molecule that that will knock out inflammation totally. I can't give you that because they're going through the patent at the university and all that.

This gentleman owned seven thousand buildings in Chicago. He was dying of colon cancer and lung cancer. I sent him a unit of this. I sent him the coils and I sent him special socks that are electrical socks that we had made for us. Adam used the right frequencies, I found out what he needed. He totally recovered and he lived another two to four years until he went to Mexico and did IPT and chemo and all that. He totally recovered. He was working, developing new franchises all over the world.

I've had many people like that. The woman that referred me is an osteopath. Her name is Jan Iwata and her mother and father, mother has breast cancer, father has prostate and lung cancer. They're still alive today. They're Japanese, descend from Hawaii and they are doing frequencies also. They're still alive today. Again, it's the realm of frequencies and understanding the right thing.

Anybody have any questions before I pack up and go home?

Female: Questions and break.

Speaker 1: Yeah, we're going to take a ten-minute break real quick here so you can swarm Bernd and ask him your questions personally.

Bernd: No, no, you're going to swarm. If you want to stay here or you want to go out and take ten minutes, go and I'll answer a couple, quick questions.

Female: I just wanted to check on that web that you recommend. Is that infrared?

Bernd: Yeah, it's a heat lamp. They're called heat lamps. They use it in restaurants but get the clear one. There's a red and clear. Get that one.

Female: And it's infrared?

Bernd: Huh?

Female: Is it infrared?

Bernd: They're red and they're clear. They have the clear one. The red ones they use a lot in restaurants. You want the full spectrum. The red one only gives you the red spectrum. The clear one gives you the orange, red, and infrared spectrum.

Yeah?

Male: What kind of waves are you working with? Square, sine, triangular?

Bernd: I find always that sine wave is the beneficial wave for the body. Yeah.

Male: Hold on.

Female: Just another question on, you recommend five to ten minutes twice a day of the heat lamp? I'm just wondering if going outside in the sunlight is the same effect?

Bernd: Yeah, yeah, you do. You get the same effect. A matter of fact, you know about stargazing and star ... where you get up and the first thing in the morning you look directly into the sun as the sun rises and then at night when you do that? Then between twelve and two is where the production of vitamin d is the greatest, but you'll get the production of vitamin d just by having that light on you, too, because you're getting the right form of light.

Female: Just one more thing. I've seen a lot of tanning salons are starting to offer also the red light therapy beds. What's your thought on those?

Bernd: The red light therapy beds?

Female: Yeah, I didn't know if they're at the right frequency.

Bernd: That's a question. I would have to know, understand the frequencies and what red light. There's six hundred and ten, six hundred and twenty, six hundred and thirty, six hundred and fifty. Again, you don't want to overstimulate the body because it shuts off and it reverses it's polarity. You need to know how much to take. Just being on something like that all day is not good for you.

Female: Right.

Bernd: It's like magnetics. You don't want to be on magnetic fields too long, either.

Speaker 1: Okay, last question.

Bernd: Okay, last question and then.

Male: Can you just spell Jan Iwata's?

Bernd: I-W-A-T-A. I think, Iwata. Look her up. She's in Chicago. She's an osteopath. All right.

Male:            Awesome. Thank you.

Bernd:           Taking my goodies home.

Speaker 1:     Let's get Bernd a round of applause. Thanks Bernd.