

Smart Life Forum

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NEXT MEETING: Thursday, September 15, 2011, at 7pm

Dr. Harvey Bigelsen, M.D. on Holographic Blood Analysis

Short Presentation:

IV Vitamin C, HCl, ozone protocol of Dr. Frank Watts Presented by Dr. Bernd Friedlander, D.C.

In the 1980's - 1992, Dr. Frank Watts, a homeopathic physician in southern California, developed an IV protocol using vitamin C, hydrochloric acid (HCl), and ozone, with laetrile added for cancer. After learning about acupuncture points and the 24 hour body organ clock when he was in China, he treated patients successfully in Mexico using his IV protocol for several 24 hours cycles, then 4-6 hour sessions. This protocol enhances immune function and terrain, which helps many conditions.

Dr. Friedlander has trained several physicians in southern & northern California to do this protocol for many conditions: hepatitis, cancer, chronic fatigue, bronchial, viral, bacterial, and cardiovascular conditions, libido problems (improved for 6 months), and much more. He will present more information about this IV treatment, and a number of cases of patients that these physicians have treated. He will also talk about his results with specific electrical frequencies.

Bernd Friedlander, DC is a researcher, developer, and recognized authority in the fields of nutrition, preventive medicine, bio-electro/vibrational energies, exercise physiology, regenerative nutrition, and regenerative cosmetic product development. He has worked with many professional and Olympic athletes for sports and regeneration, and with Hollywood TV and movie actors and trainers for anti-aging. For more information: DrBFriedlander (at) Comcast (dot) net

Foundation for Mind Being Research (www.FMBR.org)

Next meeting, September 23: speaker Connie Grauds will present "The Science and Spirit of How Nature Heals".

Presentation Location:

Cubberley Community Ctr.
Room H1
4000 Middlefield Rd.
Palo Alto, California

Driving directions on our website,
www.SmartLifeForum.org

*For those who cannot attend
we have live streaming
and video archiving at
<http://SmartLifeForum.org/live>*

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Meet Dr. Harvey Bigelsen

As a tireless advocate for homeopathy and biological medicine, Dr. Harvey Bigelsen has courted controversy and endured legal persecution, while helping to change the public perception of healthcare.



A true pioneer, Bigelsen co-authored the Arizona Homeopathic Medical Practice Act, and was appointed by then Governor Babbitt to establish a board, and while acting as president, to set the standards for holistic medicine. The law gives homeopathy equal legal status with allopathic and osteopathic medicine. For the first time holistic physicians attained true medical freedom within a peer reviewed board. To assure homeopathic physicians are well trained, Dr. Bigelsen's law requires that they must have an active, United States license as a medical doctor or an osteopathic physician.

Though he now counsels patients to avoid surgery whenever possible, Dr. Bigelsen began his medical career as an ophthalmologist. As a young doctor, he served his country in Vietnam, as an officer in charge of mass casualties, and performed hundreds of surgeries as a trauma surgeon. The war was a turning point in his life, igniting his lifelong distrust of authority. In 1971, after being honorably discharged, he began a successful practice in Princeton, New Jersey. The young doctor grew frustrated by his inability to cure his patients—he felt more like a mechanic, fixing problems but never addressing the underlying problems. He began looking for options.

In 1976, after extensive exploration into other healing modalities and a life-changing appointment with Dr. John Diamond, a medical doctor who followed homeopathic philosophy, he moved his family to Arizona to work in a holistic clinic. There he began his path as one of the true medical trailblazers in the United States. In 1978, Dr. Bigelsen was elected as a member of the founding board of trustees of the American Holistic Medical Association, today the oldest holistic medical organization of its kind. Bigelsen's groundbreaking efforts drew detractors within the medical establishment and the American Medical Association.

Future Speakers:

October 20: Raymond Francis, PhD, on Treating Cancer

November 17: Ed Park, MD, on Study of Telomerase Users

About Smart Life Forum

Smart Life Forum, Inc. is a 501(c)(3) California nonprofit corporation whose primary mission is to provide credible health education to the public with an emphasis on optimal wellness, anti-aging medicine, and longevity.

Annual memberships in Smart Life Forum, Inc. and charitable donations are tax deductible to the extent allowed by law. For information on how to join or make a donation, please visit our website: www.smartlifeforum.org.

For questions, please contact Mike Korek at (650) 941-3058.

Subjected to three years of grand jury investigations, Medicare indicted him on 117 counts of fraud amounting to a total of \$3,500. He was eventually convicted in 1994 for a grand total of \$145. His own health in ruins, Bigelsen forfeited both his medical and homeopathic licenses and for a time set up a clinic in Tijuana, Mexico, where he gained invaluable clinical experience treating patients whose American doctors had failed. Undeterred by the harassment, Dr. Bigelsen continues to promote his pioneering beliefs in non-traditional healthcare, and currently consults in Nevada City, California.

In 1986, the Hans Nieper Foundation awarded Dr. Bigelsen the Person of the Year, recognizing his work as the most influential for the advancement of natural medicine in the U.S. Dr. Bigelsen has appeared as a guest on numerous health-focused radio programs and is the author of four books. He continues to lead the forefront of a much needed medical revolution, focusing his work on terrain-based philosophy and European biological medicine as he works primarily with people suffering from chronic disease, and those interested in anti-aging and regeneration.

At the core of his medical philosophy is the conviction that germs do not cause disease – they are symptoms of a weakened immune system and otherwise unbalanced body. Counter to conventional medicine and Big Pharma, which promote treatments that merely attack and kill germs, Dr. Bigelsen believes that germs are not harmful, and actually live in a symbiotic relationship with the entire body. He treats the patient's physical body in order to get it working at its highest performance, and has achieved high success rates through a combination of structural therapies, cranial-sacral adjustments, neural therapy, isopathic remedies, and European cell therapy.

For more information, visit <http://drbigelsen.com>

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Main Presentation:

Holographic Blood Analysis by Dr. Harvey Bigelsen

<http://drbigelsen.com>

The following text is the Preface to Dr. Bigelsen's book "Holographic Blood".

Albert Szent-Gyorgyi (1893-1986), Nobel Prize winner and father of modern biochemistry, said that a true researcher is like a hunter. He goes out knowing what he is searching for; however, he has no idea what he will find once he is out there.

This work took me essentially forty years to write. I spent the first twenty years learning the basics, or what I call "the alphabet." I then embarked on a ten-year quest, developing my art in order to find "the truth." The last ten years I've spent organizing my research data and thoughts, and writing everything down in a coherent, step-by-step fashion so that others will continue my research.

I faced obstacles during my search that I never anticipated. Forty years went by because of the enormous influence and power of political obstacles, along with repeated harassment. I have even been charged with curing people using illegal means! My story echoes those of others like me throughout history. Wilhelm Reich and Dr. Ryke Hamer, for example, two geniuses to whom I will refer repeatedly. Reich died in a U.S. prison in 1957. Dr. Hamer was recently released from prison in Europe for curing patients using illegal means. The history of persecutions such as these has resulted in a lack of formal training for the work I set out in this book.

In his masterpiece, *Divided Legacy* (North Atlantic Books, 1973), Harris Coulter, Ph.D., documents a several-thousand year history of a schism in medical thought. There are two competing philosophies of medicine: Empiricism and Rationalism. Empiricism follows the philosophies of Hippocrates and Einstein. Empiricists say that the physical body uses its innate intelligence to flush out poisons; for instance, diarrhea. Rationalists, following Galenical and Newtonian principles, say that diarrhea is a functional problem and must be stopped. For the past hundred-plus years, Rationalism has dominated the practice of medicine. Science, however, has moved forward to quantum physics (Einsteinian principles).

Why the domination of medical thought by Rationalism? It was greed. The accepted

medical system in the United States relies on lies and misspeak, an Orwellian concept, to hand deliberately misleading propaganda to consumers. As you read this book, you will understand that words have specific meanings. For example, what is a "side effect"? If you ingest a substance or I inject you with it, that substance directly affects you. Use of the term side effect implies that what happens is unusual or rare. However, the reverse is true. When the body encounters a substance it cannot identify, there are two results: The substance may indeed produce the desired therapeutic effect; additionally, the substance will produce direct negative reactions. While potentially a small percentage of the body's response, nevertheless, these effects are inevitable.

Another example of misspeak is "alternative" care. This means "secondary." A nontraditional idea is alternative and therefore of secondary importance.

Our medical system today is based on disease-care, not health care. The medical industry makes money on disease. No one makes money on health. The highest goal of a physician should be to discharge the patient. We also see an awful lot of smoke and mirrors in the presentation of fancy surgeries and cures.

Now, let me tell you how I came to these conclusions and what this book is truly about. As a child, my ambition was to be the Sherlock Holmes of medicine. I wanted to find the cause of all diseases, and cancer, specifically. I studied the traditional system of medicine and learned everything there was to know about disease. During our first year of medical school, the experts taught us all about the "normals" of the body: Anatomy, biochemistry, physiology. During our second year, we learned about diseases. Over the course of our third and fourth years, we learned how to treat these diseases using either man-made chemicals (pharmaceuticals) or surgery. No one ever taught us how to connect the knowledge from our first and second years-how normals relate to disease. More importantly, no one taught us how to return the body to its normals from diseases. We learned no connections between health and disease. We were, however, taught that medical doctors are experts, and after four years, we knew everything there is to know.

I graduated from medical school and went on my way, quite frustrated. I was an expert, yet I did not know how to cure anything. At that point in my career, I was drafted and sent to Vietnam as a surgeon. There I experienced what I perceived to be a-great lie on the part of our government and its experts. This experience influenced me to question everything I had been taught. Naturally, I re-evaluated my medical education. I felt the system had brainwashed me. Looking back over the hundred-year history of modern medicine, I realized that not one cause of or cure for a single chronic disease had been found. In my opinion, this proved modern medicine to be a scientific and philosophic failure. I realized all the authorities and experts successfully hid this fact. I concluded I would search out the

truth myself. My quest began!

I started by studying medical philosophies from around the world: Acupuncture, homeopathy, osteopathy, nutrition, herbalism, naturopathy and anything else I could find. In the mid-1980s, the Goldberg Foundation sponsored a trip to Europe to add to my understanding of disease. In Germany, I was introduced to the concepts of pleomorphism and terrain. After Germany, I went to Montreal, Canada, to visit Gaston Naessens, a researcher who had developed a microscope to view living blood at up to sixty thousand times magnification. When I first looked into that microscope, I knew my quest was over. There were things moving and living in the blood that no one had ever taught me, and that medical schools in the United States still do not teach. I realized that by studying the live blood, I could learn more about how the body works, and therefore, understand how diseases were created. The excitement I felt was spine-tingling!

I went back to my practice in Arizona and immediately started searching for a teacher to help me understand the truth about the living blood. Dr. Friedrich Plog spent an entire year teaching me how to observe. He said, first you look at the blood, then you look at the patient. Then you look at the blood, look back at the patient; look at the blood, look at the patient. Do that, and you will eventually see that they match each other. Dr. Plog did not teach me what was going on in the blood; he taught me to match the blood to the patient.

Initially, every asthma case looked similar, as did all colitis cases, lung cancers, breast cancers, and so on. Each disease entity had a very similar blood pattern. In time I saw that the individual cases were slight variations on that pattern. The specific variation matched the patient, like a fingerprint. After a year, I could look at the blood and just about identify the disease process present. There were still some factors missing from my understanding, but Dr. Plog went back to Europe and I had to find a new teacher.

On each blood slide, there were a number of artifacts that researchers called "symplasts." My second teacher, Silke Friedrich, demonstrated that these were not actually artifacts, but holographic representations of things going on in the body. Frankly, it was only after months of following her and watching her results that I began to believe the truth of what she showed me. I viewed the blood and tested patients for approximately three years before I finally became convinced that the hologram was true. For the past twenty years, I've studied live blood in all my cases. Now I am thoroughly convinced that this is true. The drop used to study these images is a pin stick of capillary blood. Only one red blood cell at a time can move through a capillary. Yet the images I am viewing in real time, in the living blood, are much larger than a single red blood cell. Some of the symplasts are so large that if they were circulating as objects in the blood, they would clog the vascular system and cause a stroke. Symplasts cannot be actual objects in the bloodstream. The

question, then, is how did they get onto the slide?

It has taken me many years to understand how symplasts appear. This book presents my theories on how, and why, the holographic images appear in live blood. Studying live blood and the symplasts helps us to learn each individual's disease process. Every aspect of the blood drop gives us a clue, like pieces of a puzzle. When we put these pieces together, we find the true answers to health and disease.

Two aspects of health care are very important: First, you need to find out how the patient got to you, and second, you have to be able to decide what to do with the patient to help them heal. This book shares my technique for learning how the patient got to their current state of health.

Remember, in the beginning, I wanted to be the Sherlock Holmes of medicine and find the cause of cancer. Sherlock Holmes deduced everything in a very logical order. Once he could follow a pattern, it led him easily to the criminal. I have discovered that all disease entities have a specific pattern. For example, all left breast cancer cases have a similar pattern, and that differs somewhat from the pattern associated with all right breast cancer cases.

Think about the similarities between the personalities of Humphrey Bogart, Gary Cooper, Steve McQueen and Yul Brynner. It is no coincidence that these macho men got lung cancer. Their personalities created the craving for cigarettes. I believe that psychological profiling such as the MMPI would show psychological profiles for every disease entity. Every disease has its own pattern!

Restoring an individual's health is an art! Different physicians use different therapies to restore health. This book compiles the knowledge I gained from my teachers with my own theories, based on observations and my educational background. I am convinced of the validity of these theories. I expect students and scientists to modify and expand upon them. My hope is that reading this book will inspire you to lead health care to a new model, one based upon the true nature of mankind's symbiosis with the planet.

One final thought: Many different religions and philosophies believe that the soul or spirit is in the blood. You be the judge.

Harvey Bigelsen, M.D.

March 2007